

YOU ARE NO LONGER ALONE!



Help 4 Families

Dear Friends,

Parents are desperately searching for resources to help them understand their children who have been affected by Gender Identity Disorder.

A mother shares: "Parents who have a child with G.I.D. need to connect with others. Knowing my son was scheduled to have 11 surgical procedures in one day, I began my desperate search because I needed help. I was in shock, disbelief, and in great pain, I didn't know what to do or how to get any relief.

I was on the computer several days before this scheduled event, trying to get any information I could. I was lost and I felt like an octopus with my tentacle's grasping at anything that could help me through this.

I looked up the larger ministries I was aware of and asked if there was

anything they could offer to help our family. The answer was no. It was astounding that there was no help for anyone with this grief.

God reminded me of a lunch date I had with the director of a ministry here in Southern California when our son first announced he was gay. That was about 10 yrs. ago and I had not thought of it again during those years. Since God knows what we are going through and what we need at any given time, I immediately called and spoke with her. She said she really only knew of one other person in a very similar situation. She wrote down the lady's phone number for me.

I called the mom to connect with her. Though it didn't take away my pain, her experience gave me someone who understood what I was going through. She gave me encouragement, understanding, compassion, love and a listening ear as she shared God's word with me. When I hung up, I felt much better until, the next day when I could not stand on my own. She was there again for me. She was God's appointment for me.

Also during this time, I contacted Help 4 Families and was given great encouragement and a listening ear. As I spoke, I felt in my spirit Denise knew exactly what I was feeling and understood the reasons why. She listened with compassion, understanding and shared God's word while praying for me.

I did not feel pressure to defend or

explain my confusing thoughts, nor my emotions. God had provided one more connection for me. As we are able to reach out to others, they help carry the burden of emotions that are so tender.

Rather than, keep your heartbreak silent and secretive, seek out a Godly support system to help you through your journey. There are those who have experienced the same path you are on. Satan wants us to continue to suffer by not getting help. Allow God to direct you.

Other Parents Share

This has devastated our family and torn each of us apart. We are trying to hang on. Dad

My son has left his life as a man for the sake of his delusional image of a woman. What do we do? Mom

Others tell my daughter it's ok that she wants to become a man. My husband is grieving the loss of his daughter. Mom

Our marriage has been in shambles since the news of our daughter becoming a man. It is tearing us apart inside. We are broken hearted. Dad

The pain is deep and we miss our son who is the process of becoming a woman. I never knew such pain. Mom

Our son has left his wife and children to become a woman. This is the worst nightmare imaginable. Mom

What is Happening to Our Children?

1. Man can remain attached emotionally, if not literally, to Mom's soft and very safe world. Woman may have a belief system that the man's world is a safe harbor.
2. Men, who have G.I.D., harbor a deep-seated envy of girls. Woman, who have GID, have a deep-seated envy of men.
3. Men disengage from the male world and feel out of place there. They find their solace in becoming just like Mom and other females by wearing clothing and adopting their mannerisms.
4. Women will wear masculine clothing and adapt to their mannerisms. Some women perceive the male world as a one of strength and their femininity as a weakness.
4. Men have the mindset of becoming "Ms. Perfect," with her roles. Woman have the mindset of 'Mr. Perfect and his roles.
5. Men and women want to identify with the opposite gender world & all that symbolizes.

Marriages

Karin Chavis writes:

It was shocking news that our son had made with his decision to live as a transsexual. This news was devastating

and it changed our lives.

It is a great loss to parents and hard to believe this is really happening. This is a death with no closure. We go into shock, we grieve deeply, this affects us emotionally, mentally, spiritually, and physically. God can seem so far from us and we question why is this happening?

Our son said he was gay at 13 years old and transgender at 27. He has changed his birth name to a female name and has been given female hormones. Our son has had eleven surgeries so far.

My husband also felt the pain. The protective and defensive function of a man's emotions could easily be perceived as uncaring. The husband does feel pain, but differently. God created a wife and mother to be subjective and man to be objective. It is much easier for woman to express their emotions.

It is important to find a person who can be confided in and to share your distressing news. This may be the first and most difficult thing to do as a couple. Locate a therapist who is able to help you as an individual and a couple

God does heal us and there is hope when we are feeling hopeless and helpless. God is with you in every emotion and thought. God will bring your marriage through the healing

process. Allow God to work and have His way.

“The Spirit of the Lord is upon me, Because the Lord has anointed me, to bring good news to the afflicted; He has sent me to bind up the brokenhearted, to proclaim liberty to captives, and freedom to prisoners; to proclaim the favorable year of the Lord, and the day of vengeance of our God; to comfort all those who mourn, to grant those who mourn in Zion, Giving them a garland instead of ashes, the oil of gladness instead of mourning, the mantle of praise instead of a spirit of fainting. So they will be called oaks righteousness, the planting of the Lord, that He may be glorified." Isaiah 61:1-3

Whatever state your marriage is in now, these verses are for you. Do not blame each other and do not put guilt on each other. A couple needs to take time out to heal themselves and their marriage.

In closing, "He will call upon Me, and I will answer him; I will be with him in trouble; I will rescue him and honor him. With a long life I will satisfy him and let him see My salvation." Ps.91: 15-16. It is with heartfelt prayers for you as parents, and in your marriages, that that God will do His work of healing.

Where Are You in Your Journey? Helpful Tips...

1. Always call out to God and tell Him what you are feeling-He wants to hear from you even though He already knows the darkness and pain you are in.

2. Your heart is in His hands. Your grief, loss, anger, and the devastating emotions you are feeling are real. God knows your emotions.

3. There is no manual on what to do, what not to do, say or not to say. God is with you with in each breath and step you take on this journey.

4. There are no perfect parents- there are no perfect children. These are the choices they are making on their own. They are in God's hands now. You are free from trying to change them. Don't allow guilt and blame to flood your mind and spirit.

5. Seek someone you can trust to confide in. Don't allow Satan to have the control and make you feel you have done something wrong and that you should feel shame. You have done nothing wrong. He wants your dark secrets to stay with you as long as possible.

6. Even though you wanted to be the best parents for your son or daughter, do not put your energy into looking back.

7. Be aware that people will say things out of ignorance. They don't understand and we don't even understand.

8. Pray and seek therapy. Therapists can help you understand yourself and your response to your child.

9. Look for things to comfort you. Discover a place that is private where you to find respite. Find things to do; pull weeds, plant flowers for butterflies, listen to the wind blow through the trees- and the wind chimes that make music. Buy birdseed and watch the birds. Take your Bible, pen, journal and special cup of tea as you write. Be still and listen as you cry out to God. He hears your heartbeat and every word you say.

10. Pray about your talents and interests are. You may want to consider doing some volunteer work to help others.

In Closing

Help 4 Families was created out of love and concern for families who have a loved one who struggles with **Gender Identity Disorder**. From my own heart I understand the pain that comes with this burden.

The worst place for us to stay is in the darkness we feel around us. There is no healing that comes from darkness.

But our healing does begin with Jesus Christ. Walk in His Light.

If we allow fear to keep us isolated, are we really trusting God? If we allow anger, or resentment to follow us each day, whose heart is hardening?

I say these things from experience and concern for each family member who struggles.

One morning when I was a child, I realized that I did not have the emotional or physical strength to put one foot in front of the other. My feet no longer wanted to move. I wanted to hide and allow my grief to subside.

In James 5:13 I read, "Is any one of you in trouble? He should pray." God is waiting to come close; to your hurts and needs; to provide comfort and peace.

It is my prayer that you will be encouraged with the love of our Heavenly Father. May you feel His strength lift you up. Remember, he loves you so much that He gave his only Son for you.

God's Blessings Always.

Denise Shick

Additional Resources:

www.help4families.com

www.narth.com

www.parakaleo.co.uk

www.tradingmysorrow

Books:

My Daddy's Secret

When Hope Seems Lost

Available through Help 4 Families
and Xulon Press and Amazon.com

All proceeds/donations go directly to
Help 4 Families.

Pamphlet:

Parents Searching

A Tear Within

Where Did Daddy Go? - For
families with have a loved one who
struggles with Gender Identity
Disorder

On-Line Support Groups

Families of Gender Identity Disorder
(For all family members)

Life Line 4 Mom's (For mom's)

Beyond Gender Identity (For
those who struggle their gender)

If interested, please write Denise at
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Help 4 Families Newsletter

If you are interested to receive the
newsletter by e-mail you can join by
going to www.help4families.com or
write Denise at
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**You are not nor were you
ever alone!**

**God is and has
been with you.**